



23rd June 2021

Dear Parent/Carer

School Sports Day

I am delighted to announce that the School Sports Day is making a welcome return! The impact of Covid-19 and the numerous lockdowns has seen a huge reduction in the activity levels of students. Physical exercise has an array of benefits, from helping to improve mental health, to increasing energy levels and helping to control weight gain. Physical exercise is also the perfect way to develop socially and meet new people.

To ensure social distancing and Covid-19 protocols are maintained, we will be running sports day in year group bubbles on specific days as detailed below:

Monday 28th June – Year 8

Wednesday 30th June – year 10

Thursday 1st July – Year 7

Friday 2nd July – Year 9

The plan for the day is as follows -

Period 1-2 - Traditional athletics events such as the 100m in form groups, students not competing will spectate.

Period 3 – Interform Tug of War.

Period 4-5 – two pre-selected sporting activities chosen by the students. This is a fantastic opportunity for all students to take part in some fun activities, whilst developing their communication and teamworking skills and also showcasing their talents.

What will my child need to bring to school?

On the day your child normally has PE only, they will need to attend school in their PE kit, which they will stay in for the whole day. We would advise bringing a bottle of water, sun cream and hat or a jacket as students will be outside all day (weather depending).

Please can we also ask that any valuables are **not** brought into school on this day and that any jewellery is removed and left at home. Students with long hair will need to have their hair tied up when they are taking part in activities.

Thank you for your support, please do not hesitate to contact me if you have any queries; marc.townsend@sharemat.co.uk.

Yours faithfully,

M Townsend

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Head of Physical Education



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