





BE A HIGH-FLYER... A HEALTHY SCHOOL LUNCH SUPPORTS YOUR LEARNING!

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Southern Fried Chicken breast	Homemade Cottage Pie	Roasted Cajun Chicken	Homemade Meat & Potato Pie	Crispy Battered Fish with Chips
VEGETARIAN MAIN DISH	Quorn & Vegetable Pasta Bake	Quorn Cottage Pie 	Baked Mac & Cheese	Quorn & Potato Pie	Chickpea & Spinach Curry with Brown Rice
ACCOMPANIMENTS	Garlic Bread Homemade Slaw BBQ Baked Beans Corn on the Cob 	Broccoli & Carrots Mini Jacket Potatoes Gravy	Wholegrain Rice Pitta Bread Red Cabbage Slaw	Mashed Potatoes Peas & Carrots Gravy	Mushy Peas Beans
STREET FOOD	Baked meatballs in rich tomato Sauce	New York Style Hot Dogs	Chinese style Sweet Chilli Chicken Noodles	Chicken Shawarma	Lebanese Chicken Flatbreads
GRAB & GO	Roasted Vegetable Pizza	Pepperoni Pasta Bake	Chicken and Bacon Pasta	BBQ Chicken Pizza 	Vegetarian Pasta Bolognese
DESSERT	Lemon Drizzle Cake Home bake selection Fresh Fruit	Chocolate sponge & Chocolate sauce Home bake selection Fresh Fruit	Mixed Berry Eton Mess Roasted Carrot Cake Fresh Fruit 	Trifle Home Bake selection Fresh Fruit	Chocolate brownie & Custard Home bake selection Fresh Fruit



MENU

KEY	 - 1 OF YOUR 5 A DAY	 - CHEF'S CHOICE
	 - MEAT-FREE MONDAY	 - PLANT-BASED (VEGAN)