





BE A HIGH-FLYER... A HEALTHY SCHOOL LUNCH SUPPORTS YOUR LEARNING!

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN DISH	Southern Fried Chicken Strips with Homemade Slaw	Authentic Keema & Peas	Homemade beef mince lasagne	Chicken Curry Pie	Crispy Battered Fish with Chips
VEGETARIAN MAIN DISH	Baked Mac & Cheese	Mixed Vegetable Curry 	Oriental Spicy Quorn Singapore noodles	Baked Falafel in Pitta & Riata	Mixed Vegetable Chilli & Rice
ACCOMPANIMENTS 	Garlic Bread Corn on the Cob BBQ Baked Beans Buttery New Potatoes	Garlic Bread Basmati Rice Naan Bread Jacket Potatoes	Garlic Bread Mixed Leaf Salad Homemade Slaw Mini Jackets	Mashed & Roast Potatoes Peas & Carrots	Garden Peas Beans
STREET FOOD	Chicken Gyros in a Pitta with Greek Salad & Tzatziki Sauce	Spicy Singapore Chicken & Noodles	Jerk Chicken served with Basmati Rice	Slow cooked Pulled Pork, Flatbread & slaw 	Fiery Mexican Chilli & Basmati Rice
GRAB & GO	Spicy Chicken & Pepperoni Pizza	Spicy Mince Pizza	Roasted vegetable pizza 	Bolognese Pasta Bake & Garlic Bread	Pulled Pork Pizza
DESSERT	Chocolate Muffin Cake Home bake Selection Fresh Fruit	Mixed Berry Eton Mess Frosted Carrot Cake Fresh Fruit	Vanilla Sponge & Custard Fresh Fruit pots Home Bake Selection	Chocolate crisp slice Home Bake selection Fresh Fruit	Chocolate brownie & Custard Home bake selection Fresh Fruit



MENU

KEY	 - 1 OF YOUR 5 A DAY	 - CHEF'S CHOICE
	 - MEAT-FREE MONDAY	 - PLANT-BASED (VEGAN)